



Bulding  
Resilience  
through  
Storytelling

## Materials Needed



Source: Freepik

# Agenda



- ◆ Storytelling
- ◆ Storytelling and resilience
- ◆ Choosing and telling a story
- ◆ What can we teach through storytelling?
- ◆ Online Sources
- ◆ Storytelling Activities



# Storytelling



◆ **Storytelling** is the process of using fact and narrative to communicate something to your audience. Some stories are factual, and some are embellished or improvised in order to better explain the core message.

◆ Hubspot, 2018

## Storytelling and Resilience



### Storytelling

:the activity of telling or writing stories.

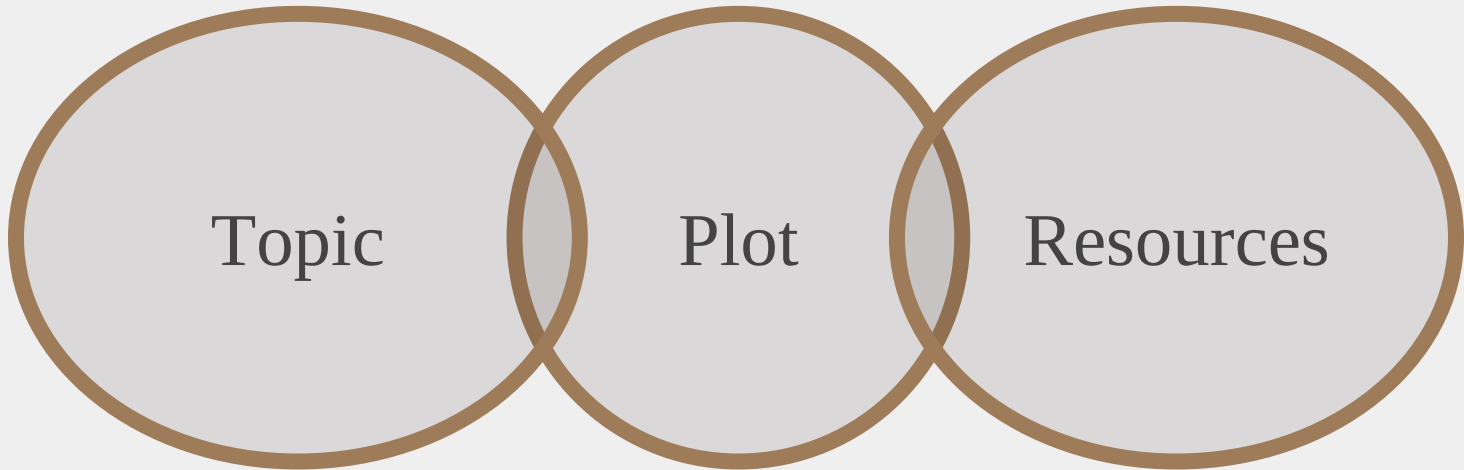
- Promote literacy
- Incorporate culture
- Examine identity change
- Examine emotions

### Resilience

:an ability to recover from or adjust easily to misfortune or change

Merriam-Webstar Dictionary and Geres, K., 2016

# How to choose which stories to tell to your students?



# Telling a story – The process is easy




Memorize

Improvize

Move  
Around



A photograph of a wedding scene. In the background, a groom in a dark suit and tie has his arm around the bride's shoulder. The bride is wearing a white dress and holding a bouquet of white roses. The scene is set outdoors during sunset or sunrise, with a warm, golden light. In the foreground, there are wooden beams and a pinecone, suggesting a rustic or natural theme. A large, semi-transparent brown rectangle with a white border is overlaid on the right side of the image, containing the text.

What can we  
teach by using  
storytelling?

◆ Vocabulary – lexical sets, rhyming sets, color sets, grammatical sets



◆ Grammar- repetition of grammatical structures

◆ Listening – predict, meaning from context, listen and repeat/draw/perform actions

◆ Speaking – look, listen and repeat, role play, rhymes and rhythms, retell a story

◆ Pronunciation - individual sounds, stress and rhythm

◆ Reading – scrambled sentences, reading aloud

## Tips for Becoming a Better Storyteller



- Characters that students love;
- Add dramatic details;
- Use wordless stories;
- Use students as storytellers;
- Use the same story cards for different stories.



(Gienapp, 2016)



# Online sources

[www.freechildrenstories.com](http://www.freechildrenstories.com)

[www.starfall.com](http://www.starfall.com)

[www.tumblebooks.com](http://www.tumblebooks.com)

[www.abcya.com](http://www.abcya.com)

[www.storynory.com](http://www.storynory.com)

[www.raz-kids.com](http://www.raz-kids.com)

<https://www.storyjumper.com/>

**Toontastic App**



Source: Amazon



## Activity 1 – The Magic Mirror

## Try to answer the questions below



◆ Who was there?

Where were you?

When did it happen?

Why were you there? Why did it happen?

How did you feel?

What did you do?

## Activity 2 – Wordless Story



- ◆ Choose one wordless story.
- ◆ Give life to it by adding text.
- ◆ <https://freekidsbooks.org/subject/wordless/>

## Activity 3 - Storytelling



- ◆ Use the wordless story you created.
- ◆ Take two minutes to try and memorize it (remember to improvise).
- ◆ Assign characters to the group members.
- ◆ Tell the story to the rest of the online classroom.



# Thanks!

**Any questions?**

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## Sources



<https://blog.hubspot.com/marketing/storytelling>

[EJ1134408.pdf \(ed.gov\)](#)

<https://www.rebekahgienapp.com/seven-tips-tools-become-better-storyteller/>

<https://www.amazon.com/Leowefowa-Fairytale-Backdrop-Photography-Background/dp/B077TB1H21>

[https://www.freepik.com/free-photo/blank-mini-easel-white-paper-colors-felt-tip-pen-wooden-texture-backdrop\\_4371058.htm](https://www.freepik.com/free-photo/blank-mini-easel-white-paper-colors-felt-tip-pen-wooden-texture-backdrop_4371058.htm)