

FREE CPD

SESSIONS ORGANISED BY THE ELT COUNCIL

Date: Wednesday 26 + Thursday 27 June 2024

Time: 17.00 - 19.00

Trainer: Armanda Stroia

Venue: Online via Zoom

4HRS
CPD

UNDERSTANDING THE CORE LITERACIES IN A DIGITAL AGE

ABSTRACT

- Deconstructing multimodal literacy. Why should we develop multimodal communicative competence?
- Learners as prosumers and effective communicators in a multimodal world
- Dispelling emotional literacy myths
- Understanding mental fitness and its role in language learning
- Developing “emotionally agile” (dr. Susan David) and mentally fit learners through creative exercises for language classes
- Creative activities based on cognitive behavioural therapy for nurturing mental fitness: From ANTs to PETs (From Automatic Negative Thoughts to Positive Empowering Thoughts), The Jar of ANTS, The negativity bias and the popcorn thoughts.



FUSION OF EMOTIONS AND PIXELS

EMPOWERING LEARNERS THROUGH COLLABORATIVE STUDENT-PRODUCED VIDEO PROJECTS ON MENTAL FITNESS

ABSTRACT

- Multimodality in action: How to implement collaborative student-generated video projects?
- Stages and materials for collaborative video projects. A guided journey from planning to assessment
- Welcome to backstage: From storyboard writing to video-editing skills!
- Collaborative student-generated video projects on mental fitness (examples: First-aid Emotional video kit to deal with ANTS, tutorial on 3 Tips on How to boost your mental fitness, video tutorial on How to deal with popcorn thoughts, etc.)
- Framework for designing multimodal projects with a focus on emotional well-being.
- Considerations for selecting appropriate digital tools and platforms.
- Guidelines for scaffolding and supporting students in project development.
- Planning a collaborative multimodal project outline with a focus on mental fitness

Total of 4 hours CPD.
Applicants must attend both sessions for the certificate.

ABOUT ARMANDA STROIA

Dr. Armanda Stroia is an experienced EFL teacher, teacher trainer, international conference speaker, and materials developer. Her current research interests span digital and emotional literacies, collaborative multimodal storytelling, and the neuroscience of atomic reading habits for Generation Alpha. She loves creating materials to help teachers integrate multimodality into lessons through her award-winning approach to student-generated videos. She founded the Academy of Creators who Teach to inspire or ACT to inspire (<https://acttoinspire.com/articles/>), where she shares her research-based articles, conference talks, workshops, and free lesson plans. Her latest article in IATEFL Voices raises awareness about the importance of developing learners' mental fitness.

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